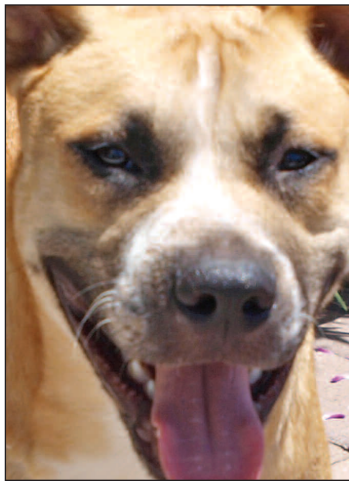




VI'S CORNER: "SUGAR"

By Vi Logan



SAN FRANCISCO—Everyone says that I'm very sweet, so I guess that's why I was named Sugar! I'm a Boxer mix, and the name Boxer supposedly came from the breed

standing on their hind legs and 'boxing' with their front paws. However, there's some debate about that! Well, there's no debate about Boxers being very smart and being trained as police dogs, seeing eye dogs, therapy dogs, guard dogs, search and rescue dogs, and courier dogs on the battlefields during WWI and WWII. No, I haven't been trained to do any of those things, so I'd just like to be part of a family that will love me the way that I am - as we're great family dogs and make wonderful companions. So, let me tell you a little bit about myself.

First of all I'm a male, I get along with other dogs, cats and children.

However, I think that older chil-

dren would be best, as I'm pretty big and wouldn't want to accidentally knock them over when playing, as I do like to play and act silly! We're also known as the clown dogs! I have no bad habits, such as guarding my possessions, or chewing other people's possessions! I have no separation anxiety, and I'm not a barker. I'm even housebroken.

I would love to have a yard, so that I could run around and play fetch with you. But, if I can get enough exercise and love, an apartment will be just fine. Boxers like to be clean, but that doesn't mean that we have to be bathed often, thank goodness! You see, we tend to lick and groom ourselves, much like our other four legged friends -

cats!

Another thing about us is that we don't like extreme weather, and I'll tell you why. Due to our short coat, we can't tolerate extreme cold - and due to our 'pushed-in' nose, much like Shih Tzus and Pugs, we don't do at all well in hot weather.

However, being a Boxer mix, my nose is more 'mix' than Boxer! So - now that you know something about Boxers, and something about me, and if you like what you've read, won't you please call to see me and take me for a walk - and who knows what that will lead to! If you'd like to check out some of my friends that are here with me, both dogs and cats, check our website at foafla.petfinder.com.

Newsroom Staff

Publisher.....Glenn Kelly
Assistant Publisher.....Winter Kelly
Editor.....Susana Marcelo
Copy Editor.....Susie Kopecky
Newsroom Assistant.....Patricia Piaszczymski
Graphics Director.....Darshan Patil
Production/Online News.....Smitha Pai
Marketing Assistant.....Skye Harrington
Ad Rep.....Donna Vallerand
Ad Rep.....Amy Johnson
Ad Rep.....Mike Ebrahimi
Ad Rep.....Lindsay Kramer
Ad Rep.....Phyllis Simmons
Ad Rep.....Tatiana Barbosa
Admin.....Kimmi Stephan
Ask Deanna.....Deanna Write
Assembler.....Leanne Goggins
Faith.....Lily Kelly
Critic-at-Large.....Ruta Lee
Miller Time.....Grady Miller
Point of View.....John Armor
Point of View.....Henry Meyerding
Vi's Corner.....Vi Logan
Travel.....Susan Michelle
Health.....Mary-ann Cerruti
Star Gazing.....Rose Quintiliano
Theatrical Musings.....Beverly Wilkerson
Entertainment.....Tommy Garrett
Sports.....Todd Mayers
Sports.....Tobi Umodu
Reporter.....LaDale Anderson
Reporter.....Rosana Clarkson
Reporter.....Dianique Ashley
Reporter.....Bridget Kwok
Reporter.....Nita Gandhi

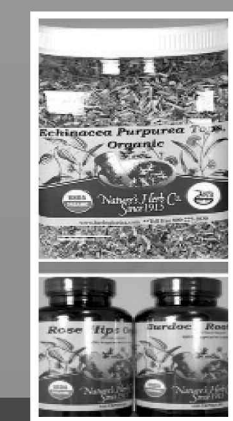
San Francisco Herb & Natural Food Co.®

Oregon Tilth Certified Organic



Grower, Importer, Wholesaler & Manufacturer:

- Loose Herbs & Tea Bags
- Bulk Botanicals, Bulk Teas
- Culinary Spice Blends
- Capsules, Oils, Extracts & Tinctures



Nature's Herb Co.
Since 1915

Packed in 32 oz. PET jar
Loose Herbs & Bulk Tea Bags
Summer Field Culinary Spices

47444 Kato Road
Fremont, CA 94538
Tel: 800-227-2830
Fax: 510-770-9021

www.herbpicetea.com

Declaration of Principles

We promise to:

- 1.) Provide a community newspaper that tells all the news honestly without any political agenda, slant or spin.
- 2.) Allow commentary writers the freedom to express their opinions and views without interruption, censorship or persua sion.
- 3.) Provide members of the community (rich or poor) with the truth and a place to voice their concerns.
- 4.) Abstain from printing anything demeaning, calumnatory or potentially harmful to any living being.
- 5.) Maintain the highest level of journalistic integrity.

SAN FRANCISCO NEWS

NEWSROOM:

info@thesfnews.com

WEBSITE:

thesfnews.com

Read the news as it happens without bias, slant or prejudice. We tell it like it is. For freedom of opinion. See Point of View which allows all sides of politics.

BUSINESS INVESTS IN SF

JP MORGAN WINS SFPUC BONDS

By Susie Kopecky

SAN FRANCISCO—JP Morgan was the lucky winner of \$434 million worth of San Francisco Public Utilities Commission water bonds this week, after a successful bid on Tuesday, September 1. The bonds purchased were 2009 Series B Water Revenue Bonds. The money will be put toward seismic retrofits and upgrades to the Water System Improvement Program and to update the Hetch Hetchy water system's "tunnels, pipelines, dams and treatment plants."

JP Morgan was one of seven sizable bidders for the bonds which the Mayor's Office hopes will help save nearly \$60 million in savings over the next three decades. This was the second sales of bonds this year

(Series A bonds were sold this summer), and the estimated ratepayer savings of both sales combined is \$1.9 million annually, and \$58 million over thirty years.

According to a statement from the Mayor's Office, JP Morgan will receive a 4.54% interest "due to heightened demand and investor willingness to pay a premium for its high-quality water bonds."

Mayor Newsom expressed pleasure over what he characterized as a "highly successful bond sale," characterizing the sale a "vote of confidence in San Francisco's program to rebuild our regional water system [and a sign of] the financial stability of the SFPUC."



WAREHOUSE FIRES

By Nita Gandhi

SAN FRANCISCO—A four-alarm fire destroyed seven warehouses on Sunday, August 30.

Mindy Talmadge of the San Francisco Fire Department stated to San Francisco News that at 1526 Wallace Ave. at 10:45 a.m. on

Sunday a four-alarm fire broke out that has destroyed seven warehouses in the industrial area of the city.

Talmadge further stated that the fire was considered under control after fire fighters battled the blaze by 12:16 in the afternoon Monday,

August 31, which was 25 and one half hours after the fire was reported.

The Alcohol Tobacco and Firearms are conducting an investigation along with the San Francisco Police Department to determine if

there was an illegal marijuana growing operation because they found marijuana in one of the burning warehouses.

The cause of the fire is still under investigation.

POLICE SEEK PUBLIC'S HELP IN LOCATING HOMICIDE SUSPECT

By Rosana Clarkson

SAN FRANCISCO—On August 29, San Francisco police released the identity of 21-year-old Diante Johnson, the suspect in the fatal shooting of 23-year-old Marquez Benson. Police are seeking the public's assistance in locating Johnson.

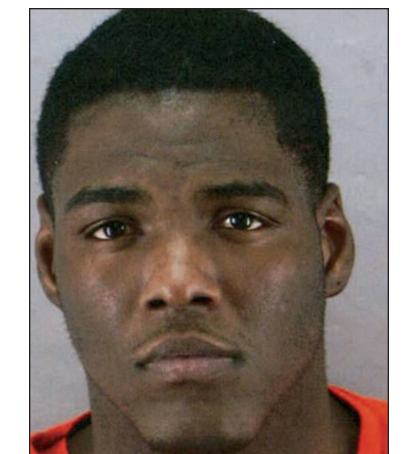
The shooting occurred at Matthew Court and Rosie Lee Lane in the Bayview districts on August 27, at approximately 9:00 a.m., according to the news release issued by The San

Francisco Police Department. The suspect is accused of shooting at two men, one of them Benson, in a parked car. One of the victims was transported to the San Francisco General Hospital. Benson was later pronounced dead, but the second victim was expected to survive. The suspect was seen running from the area of the crime.

SFPD has a homicide arrest warrant for Johnson, who is described as a black male born on December 6, 1987. He is 6 feet 1

inch, and 217 pounds, with black hair and brown eyes. He is believed to be armed and dangerous.

Police urge anyone with information on this incident and Johnson's whereabouts to contact the Homicide Detail at 415-553-1145 during regular business hours, and/or the Confidential Tip Line at 415-575-4444. Those wishing to remain anonymous may also use Text-a-Tip, a new feature at the department.



COAST GUARD AND OTHERS RAISE TUG BOAT OFF OF TREASURE ISLAND

By Nita Gandhi

SAN FRANCISCO—A World War II tugboat that sunk off the Bay Bridge near Treasure Island was raised by the Coast Guard and others on Friday, August 28.

Diane Shipway, the Parker Diving

Service Salvage Coordinator stated to San Francisco News that the tugboat was commissioned in 1940 and decommissioned in 1974. Her team was the original divers to plug the vents in the boat that were leaking

in order to pull the boat from the water.

"It was pretty easy," Shipway said.

Lt. j.g. Jeremy Pichette told San Francisco News that there was no

harm to the wildlife.

Lt. Pichette further stated that they worked with local authorities including the California Fish and Game to ensure no one or wildlife was harmed.

CAREGIVERS OF MISSING BOY RELEASED FROM CUSTODY

By Rosana Clarkson

SAN FRANCISCO—On Tuesday, September 1, 38-year-old Louis Ross, one of the foster parents of missing five-year-old Hassani Campbell, was released from custody.

Ross was released from Santa Rita Jail in Dublin. His fiance, 33-year-

old Jennifer Campbell, Hussani's aunt and caregiver, was released from the jail on August 31, after both were arrested on suspicion of murdering the boy. They were released due to lack of evidence.

Hassani, who suffers from cerebral palsy, disappeared from the

parking lot of a shoe store while with Ross, who alleged that he left the child alone momentarily while inside the store.

The Alameda County Board of Supervisors and San Francisco County donated \$25,000 to the reward amount being offered for

assistance in locating the missing boy, which has raised the amount to \$60,000.

Oakland police encourages anyone with information regarding the missing child to contact 510-777-3211 or 510-238-7934, or Crime Stoppers at 510-777-8572

CLINICS AND ROVING VACCINATIONS

By Susie Kopecky

SAN FRANCISCO—On Thursday, September 3, San Francisco mayor Gavin Newsom announced that free H1N1 flu shots will be available to those residing in the County of San Francisco. Free clinics will be set up around public and private schools and community meeting centers.

Mayor Newsom stated that the first shipment of the H1N1 vaccine will number about 100,000 doses. The mayor anticipated that the sizable shipment will arrive "sometime in late October," and will be distributed "free of charge." After the initial receipt, it is expected that 30,000 new doses of the vaccine will arrive each week. Though the mayor pointed out that there will be a hierarchy of who receives the doses first (first priority will be given to those deemed to be at higher risk), "eventually, everyone who wants protec-

tion from H1N1 will be able to get it." Those deemed most at-risk and who will get priority include youth up to the ages of 24, health care providers and pregnant women.

According to the Mayor's Office, once the vaccine shipments arrive, the plan is to set up between 10 and 15 "clinic sites," each of week is planned to be easily accessible by foot to private and public schools. There will also be "roving H1N1 vaccination teams" to serve those schools not within reasonably close distances to the 10 to 15 clinic sites. The clinic sites will run in two different rotations, as the administration of the dose is a two-part process, spaced a few weeks apart, starting around October. Those administering the vaccines will be both "clinical and non-clinical personnel."



COUPLE PLEADS NOT GUILTY TO ABDUCTING AND RAPING GIRL

By Rosana Clarkson

SAN FRANCISCO—On August 28, 59-year-old Philip Garrido and 54-year-old Nancy Garrido pleaded not guilty to kidnapping and raping 11-year-old Jaycee Dugard at the El Dorado County Court.

Authorities had searched the Garrido home for evidence in the murders of prostitutes that had occurred in 1990 in the surrounding area, a Bay Area Antioch suburb.

Philip Garrido is also accused of abducting and falsely imprisoning Dugard, now age 29, who he is also

suspected of keeping in his backyard for 18 years.

Dugard was kidnapped from a bus stop near her South Lake Tahoe home in 1991. She is believed to have been forced to live in tents and sheds under sordid conditions in the backyard of convicted rapist Garrido, who had two children with her.

According to reports, police had failed to sufficiently investigate tips on Garrido's eccentric behavior in having children living in tents in his

back yard, and being a "psychotic" with sexual addictions, despite Garrido being listed as a registered sex offender on a public database.

Garrido, who had served prison time for rape and kidnapping in the early 1970s, recently showed up in court for his arraignment. His wife, Nancy Garrido, who reportedly matches the description of a woman who was in the car that was used to kidnap Dugard, also appeared. Both Garridos are currently being held in custody without bail.

The couple allegedly kept Dugard and their two daughters, ages 11 and 15, in the backyard of the home where they lived. Tarps and tall trees that encompassed the yard obscured others from seeing what was inside. Dugard was discovered after she appeared with Garrido for an appointment with his parole officer on August 26, when he was arrested.

Both Garridos are being charged with 28 counts in the alleged kidnapping, raping and false imprisoning of Dugard.

REAL ESTATE FOR SALE 720 A CONCORD

\$319000 OPEN HOUSE -SUNDAY 1PM TO 4PM
2 Bedrooms, 1.25 Bath
Upper End Unit
End-of-Court Location
Inside Laundry-Washer/Dryer Included
Separate Storage Room
Low Homeowner Dues: \$240/month
975 Sq. Ft. (based on public record)
1440 Reganti Place, #15, Concord

RICHMOND

\$465000 Office Condo for Sale in Inner Richmond
New office condos in elevator building. 3rd floor finished shell space approx. 657 sqft ready for immediate possession/use or further improvements. This unit is 1 of 10 units in building including 2 retail condos on ground floor. call agent at 415-290-2927

\$525000 Retail Space for Sale
Ground floor retail space approximately 715 sqft and 1 of 2 retail spaces in a 10 unit elevator building. This unit has individual HVAC, ADA bathroom, 40 gallon hot water heater, and separate gas, electric and water meters. High ceiling for take-out restaurant/cafe. agent at 415-290-2927.

FREMONT

\$629950 Union City: Shows Like A Model! Call to Preview.
4 Bdrm Single family house
2210 Mann Ave, Union City, CA
Year Built 1977
Sq Footage 1,378
Bedrooms: 4
Bathrooms: 2 full, 0 partial
Floors: 1
Parking: 2-car garage
Lot Size: Unspecified
HOA/Maint.: \$0 per month
Seller contact info:
Jerry Jacques
Coldwell Banker
jerry@jerryj.com, www.jerryj.com

SAN JOSE

\$529900 LOW HOA Fee! Townhome
OPEN THIS SAT 1pm to 4pm
PROPERTY HIGHLIGHTS:
" 3 Bed
" 2 1/2 Bath
" Sq. Ft. 1431
" 2 Levels
" 1 Car Garage + Carport
" Gas Heat
" Tile Roof
" Attic
" Partial
" Hardwood Floors
" HOA -\$165
JOHN MEEKS
Realtor, Loan Consultant
Ph: 408-569-5471 / Web: www.jmmeeks.com

REAL ESTATE FOR SALE 720 A DANVILLE

300000 From the \$300,000 - No Down, - No Closing Cost
Call at 925-648-2311 Greg
Office: 925-648-2311

!! First-Time Buyers !!
New Home Buyers
Start Building Equity!
Free Inside Report of Homes available with no money down - no obligation.
Visit: www.srvFixerUppers.com
Beat others to Hot New Listings!

\$689999 Beautiful Park-ike Setting Backyard
~4 Bedrooms, 2 Bathrooms
Approx 1,479 Sq. Ft.
~Nicely Landscaped Front Yard with Accent Trees, Plants, Shrubs, Lawn Area, Vibrant Rose Bushes and a Rock Garden.
~Tile Entry Joins Laminate Wood Floors Which Carries Through Kitchen, Dining Area, Breakfast Bar Area and Down Hallway Which Offers Extra Storage Closets.
~Living Room with Neutral Carpet, Ceiling Fan Light / Combo with Remote and Vertical Blinds.
For Additional Information About this Property Call Greg McPherson with The McPherson Team at (925) 242-0800 x 304.
Visit Our Website at
www.McPhersonTeam.net

\$329950 BEST TIME OF YEAR TO BE A HOME BUYER
2 bedroom 1 bath condo in San Ramon for only \$329,950.
Lovely gated community with pool, spa, clubhouse, new carpets, fresh paint, breakfast bar, dining area, and balcony.
Close to good schools, shopping, BART and easy freeway access.
Call listing agent to schedule an appointment.
Angela Muetterties Keller Williams Realty
925-785-6943 Cell, 925-833-555 Office.

\$799950 4-Bedroom danville Home with PRICE PROTECTION GUARANTEE!
Have you been looking for a 4 bedroom in Danville under \$800,000 with those great San Ramon schools? This is a wonderful home in a great neighborhood all ready for you to move in!
"12-Month Buyer Price Protection Guarantee" on this home!
You can buy this home today without risk of prices falling!
With our exclusive "12-Month Buyer Price Protection Guarantee"
For recorded information about this guarantee: call (888) 808-3853

\$360000 San Ramon Condo in Excellent Location
Name your price from \$360-\$370k. Great offer for 1st time homebuyers, small families or as an investment property. This Spacious floor plan includes recessed lighting throughout, Pergo flooring with Upgraded wall to wall carpet in bedrooms and family room. This property is located in an established gated community and conveniently located within the San Ramon Unified School District. Easy access to the 680/580 corridor... Stress free living!!! Currently rented out and all offers are being considered!!!
Seller to negotiate and pay for up to 6 months of HOA fees.
Call for more details. Joe 925-525-9297

Cheap Rents-Int Creek/PH boarder
CHEAP RENTS
Spaces available immediately
Space from 276 sq. ft. to 5000 sq. ft.
Close to B.A.R.T. station
Extremely close to HWY 680 on ramps
Please call Anthony Kessler r. e. agent
925-627-2886

see us online at <http://www.thsfnews.com>

HOUSING FOR RENT 720 B SAN MATEO

\$1929 / 2br -EAT 2B2B APARTMENT WITH CATHEDRAL CEILINGS!! GREAT LOCATION!!
A vine-overed trellis, leafy trees and manicured shrubs create an elegant poolside environment for residents of Scotchollow. There's plenty of opportunity for R&R with 2 heated pools, a spa, sauna and tennis courts.
contact Mollie at (650) 574-2300

WILLOW GLEN

\$1200 / 2br -Available for immediate move-in
Choose a Decorator Accent Wall Color for your New Apartment! Call at 800-518-2236

SANTA ROSA

\$2300 / 4br — GORGEOUS! NEWLY RENOVATED! 4 BEDROOM HOME
4BD/3BA New carpet, granite, marble and paint! 2—story with cathedral ceilings, fireplace in family room, breakfast bar in kitchen.
3BD/2BA downstairs with Master suite upstairs. Central air and heat, 2-ar garage with work bench, fenced yard.
\$2300/mo rent plus \$2300 security deposit.
Early pay discount. 408-219-1713

\$1475 / 3br House in Rincon Valley Area
Nice Rincon Valley 3-bedroom house, 1 bath, 1-car garage. large yard.
Washer/Dryer hookups.
If interested call Mike (707) 332-586

SANTA CLARA

\$3750 / 3430ft² — R&D/Flex space w/4 offices + large open area + wrhse-II HVAC
Please see our website for further information at <https://www.lbcproperties.com> or call for an appointment to view the property at 831-24-1640.
309 Laurelwood Rd at De La Cruz Blvd

\$1884 / 1013ft² —One Office for lease on Kifer Rd at flexible rates in Santa Clara
We have one commercial office space suite for lease remaining:
* Central Santa Clara location
* Great window lines
* 1,013 sq. ft.
* 2 private offices
* Large open area
* Storage/server room in suite
* CAT5 wired Please visit our website, <http://www.borelli-inv.com/craigslis>, for complete information and floor plans
Call us at 408-453-4700

\$1295 / 1br — ***Great Loc-ool/Spa, GE Appliances, AC, FP Avail, Fitness Center!*** (santa clara)
Address & Phone Number:
1901 Halford Ave
Santa Clara, CA 95051
(408) 241-8508

OFFICE & COMMERCIAL 720 C SAN CARLOS

2250 / 900ft² — Attractive medical, office or retail space at Morse and Laurel
1000B Laurel Street, in downtown San Carlos, offers one suite available for medical office, office or retail use with immediate occupancy. The space offers:
—open buildout with restroom
—excellent building signage fronting Morse Blvd at Laurel Street
The building offers:
—prominent downtown San Carlos location, one block north of Brittan Avenue
—high quality interiors built by contractor/owner
For tour or more information, contact:
Trask Leonard, Bayside Realty Partners,
650-949-0700

3200ft² - San Carlos Warehouse / Office Space On Industrial
I have 3200 sqft of office/warehouse space available in San Carlos. Unit has both glass door entrance and large roll up automatic door. It is on the 1160 block of industrial, right behind Home Depot, and across from Best Buy. If interested, please call me at 650-339-3743.

\$1650 / 1050ft² — ELCAMINO FRONTAGE COMMERCIAL SPACE ON THE ELCAMINO IN SOUTH SAN CARLOS. IDEAL FOR RETAIL. MANY POSSIBILITIES.
PLEASE CALL 650-400-0575
FOR MORE INFORMATION AND AN APPOINTMENT TO SEE

OAKLAND

\$1200 / 520ft² -Brand New Commercial Space - Store Front!
Brand new commercial/store front space in Oakland (near New Chinatown area) on the ground floor with private bathroom!
Available for retail or office use. Approximately 520 square feet. Move in cost is first month's rent plus security deposit. Easy to show! Please e-mail or call Cindy at 510-381-4599.

Coin Laundry for Sale in Oakland
Coin Laundry for Sale.
Asking Price is \$145,000.
Please contact me if you are interested in this listing.
Jeffrey Ota (Agent)
BIM, Inc.
(415) 567-8002 ext.11
jeffotaadmin@hotmail.com

VACATION RENTALS 720 D

\$189 / 3br -RUSTIC LOG CHALET, JUST REMODELED~ NEW AMENITIES~ CHRISTMAS AVAILA
CHRISTMAS IS STILL AVAILABLE!!!
BOOK IT HERE TODAY!
More Pictures and detail descriptions are available here:
<http://www.laketahoechalet.com> Please go online and click on the nights that you want to book and pay online. Once we get your payment, we will confirm your booking asap.

\$130 / 3br -home style cabin - clean and cozy
This 3-bedroom and 1 bath cabin with knotty Pine features and a wood burning stove provides a cozy Tahoe ambience, centrally located in S. Lake Tahoe in a quiet neighborhood. It is 3 miles from the Heavenly Ski Resort,
4 miles to the casinos and 1 mile to the "Y" shopping outlet center.
Winter rate: \$165/per weekend night & 130/per wkday night
Contact Us:
408-306-8510 (Dan)
408-306-8511 (Roxanne)

**CLASSIFIED
DIRECTORY**

ANNOUNCEMENTS.....101
SINGLE EVENTS.....102
BUSINESS OPPORTUNITY.....203
FOR SALE.....304
COLLECTIBLES.....305
AUTOMOTIVE.....306
LEGAL.....402
SERVICES.....407
MUSIC.....408
FREELANCE WRITER.....409
HAULERS.....410
SECURITY.....411
HOME IMPROVEMENT.....412
HEALTH.....413
SPIRITUAL.....414
LIFE COACH.....415
COMPUTER SERVICES.....417
HUNTING.....418
PETS.....516
EMPLOYMENT.....619
REAL ESTATE.....720
OPEN HOUSE.....722
COMMERCIAL RENTALS.....723
HOMES FOR SALE.....724
RESIDENTIAL RENTALS.....725

**EVENTS
102**

Beautiful, professional Celtic harp music for your event
The magical music of the Celtic harp can add a special touch to your:
*Wedding
*Social Event
*Dinner Party
*Art opening
*Studio Recording
Website:
www.flowingglass.com/princess/wed.html
call Margaret Davis at (510) 569-0437

**BIZ OPPORTUNITY
203**

**Enthralling Summer Job Opportunity
Summer Counselors Wanted**

Please contact us through our website:
www.summerfun.com

**FOR SALE
304**

**\$575000 3 BED/2.5 BATH OPEN HOUSE
SAT/SUN 1-4PM (Fremont / Union City/
Newark)**
Bedrooms: 3
Bathrooms: 2+
APX Sqft.: 1212
Year Built: 1997
Name: Gary Yip
TEL(D): 510-656-1188
TEL(F): 510-656-9868
yip_gary@hotmail.com

**AUTOMOTIVE
306**

**NEED AUTO MOBILE REPAIR
CALL 510 229 0715 (Oakland East)**
WILL COME TO YOU,
CHECK ENGINE LIGHT,
FAIL SMOG CHECK
RADIATOR, WATER PUMP,
STATER, ALTERNATOR BRAKE,
ELECTRICAL,
OTHER ENGINE PROBLEMS

**LEGAL
402**

NOTARY PUBLIC 1-800-820-0121
NOTARY PUBLIC ALL BAY AREA !!,
PLEASE CALL 1-800-820-0121
ALL OF SAN FRANCISCO,
ALL OF SAN MATEO COUNTY,
INCLUDING COAST.
MOBILE SERVICES, 24 HOURS A DAY,
CALL 1-800-820-0121,
CELL PHONE 415-215-2517

**SERVICES
407**

**ONSITE COMPUTER & NETWORK
SOLUTIONS (\$35/Hr)**
Service Area: All San Francisco Bay Area,
Alameda, Oakland, Berkeley, El Cerrito,
San Leandro, Castro Valley, Hayward, Union
City, Fremont, Moraga, Orinda, and Lafayette.
Rate: \$35 for Home Users; \$45 for Small
Business 510-682-7598

**AFFORDABLE TRADE-
MARK/PATENT/COPYRIGHTS ATTORNEY**

Contact my law offices.
Sean Donrad, Esq.
www.BHFixers.com
1300 Clay Ave
Oakland, CA 94612
Phone: 510-387-482
Email: counselhelp@gmail.com

**MUSIC
408**

Sumac's Soul Heaven Band

We have solid soulful sounds featuring a
dynamic vocalist in Soul, Blues and R&B. For
Bookings, please call 925-864-1403.

**FREELANCE WRITER
409**

**FREELANCE INVESTIGATIVE REPORTER
FOR AUTOMOTIVE INDUSTRY**
This is a part-time, telecommuting position.
Please send a resume, cover letter and three
published writing samples to
leonora@isotree.com

**HAULERS
410**

HAULING - DUMP RUNS
Call Steve at the Hauling Company today
for estimates and scheduling to haul
all that stuff you don't want or
need anymore. We'll haul old appliances,
furniture, yard, office, storage room or
construction site clean-ups.
650-207-2185.....650-207-2185.....
650-207-2185.....650-207-2185

**SECURITY
411**

CRIMINAL DEFENSE LAWYER
******Free Consultation******
Shawn S. Salehieh, Attorney At Law
Office: 415-773-1270
Mobile: 415-225-6353
Email: shawn@presidiolaw.com
Website: http://www.lawinfo.com/leadcounsel-
lawyers/san-francisco-criminal-1202/

**HOME IMPROVEMENT
412**

**We want to be your
BAY AREA Home Renovations**
Call us now for a free quote on all of our Bay
Area home improvement services.
(415) 806-932
(650) 758-2986
Browse thru our web site:
http://www.santiagoafanadorphoto.com/index2
.html

RS PAINTING CO. (belmont)

**WE DO INTERIOR & EXTERIOR PAINTING
CALL US NOW (650)773-5875**

**HEALTH
413**

The Power of Human Touch
For more Information,
Gift Certificates or an
Appointment, please call:
Phone # (925) 370-1910
Website: http://www.sunmassage.com

LUXURY FIXER UPPERS

Free list w/ pictures
www.BHFixers.com
24 hr. hotline
(650) 941-5857
ID#8848

**SPIRITUAL
414**

Reiki at Cafe Del Soul
Cafe Del Soul is offering 20 min Reiki ses-
sions for \$20.00 Every Saturday 11-2pm
Christine Gardivaud
Reiki Master Energy Healer
415-637-2686
Cafe Del Soul 247 Shoreline Hwy
Mill Valley, CA

**CATERING
416**

**AMBROSIA Personal Chef Service:
We Make Life Better**
E-mail us for more info at chef-
stroh24@gmail.com,
see our website at www.cheflisa.net, or
call Lisa Stroh (executive chef)
at 415-307-7270 or
Claudia Miles (manager) at 415-54-4465.

**COMPUTER SERVICES
417**

**Computer Repair, Professional Computer
Repair San Ramon 925-855-9600**
WebDispatch.com
2819 Crow Canyon Road, Suite 105
San Ramon, CA 94583
(925) 855-9600 Call 24 Hours!

MISCELLANEOUS JOBS 619A

Need a complete IT solution for
small business
Kirk H. Lesser
kirk_lesser@speakeasy.net
510-552-6896 OBJECTIVE
Helping small businesses
utilizing my 13 years of expertise

**HUNTING
418**

HUNT ELK..
Red Stag, Buffalo, Whitetail.
Guaranteed License: \$5.00
Your Trophy in 2 Days: No
Game/No Pay!
Days: 314-209-9800, Eves: 314-293-0610

**BEAUTY
499**

**SKIN CARE HAIR CARE WAXING SERVICES
(willow glen / cambrian)**
REFLECTIONS HAIR DESIGN & SPA
1702 Meridian Ave. Ste. J
San Jose, CA 95125 Tel: (408) 265-2000
The hours are Mon-Fri: 10am-7pm & Sat:
9am-6pm. For more information or to make
an appointment, please visit the web site
http://www.reflectionshairdesignandspa.com.

**PETS
516**

**8-week-old Collie/German Shepherd mix
puppy for adoption *PHOTOS***
This is a Rocket Dog Rescue.
Pictures at: http://pics.corace.com/Sofia
Sofia is a mixed breed (GSD/Collie or
GSD/Husky) rescued from a nearby Bay Area
dog shelter.

**EMPLOYMENT
619**

**NOW HIRING IN YOUR AREA
* CUSTOMER SERVICE *
* RETAIL ***
*** OTHER GENERAL POSITIONS ***
PAID TRAINING
NO EXPERIENCE REQUIRED
FLEXIBLE HOURS
CALL NOW (905) 392-1016
ASK FOR DAN

MEDICARE FINANCE SPECIALIST

To apply, please submit a resume and cover
letter with salary expectation to:
Georgia Montgomery, HR Recruiter
Health Plan of San Mateo
701 Gateway Blvd., Suite 400
South San Francisco, CA 94080
Email: careers@hpsm.org
Phone: (650) 616-2149
Fax: (650) 616-8039
File by: 1/19/2009
EOE

DAYTIME EMMY AWARDS, NIGHT OF DRAMA

By Tommy Garrett

HOLLYWOOD—Sunday morning on August 30, Hollywood prepared for the 36th annual Daytime Emmy awards. Stars from New York-based soaps “Guiding Light,” “All My Children,” “As the World Turns” and “One Life to Live” flew out to join the L.A. based soaps “The Young and the Restless,” “The Bold and the Beautiful,” “General Hospital” and “Days of Our Lives” in celebrating daytime’s best and brightest. When those of us in L.A. awake on Sunday, it was to smoke filled homes due to the nearby fires in LA County. One friend near the Cahuenga Pass described it this morning as “living in an ash tray.” Like me, he’s a non-smoker so the feelings of discomfort were very difficult to endure. However, stars and fans were already lined up by the red carpet for the evening of daytime soap stars, game show hosts and talk show hosts, who were about to walk the carpet and greet each other flanked by media looking for that money quote. It was good to see American Astronaut Buzz Aldrin looking so well and happy arriving, as well as CHIPS star Erik Estrada and many other television and entertainment icons.

Stars like Jeanne Cooper, Katherine on “Y&R,” went on her Facebook page this morning and encouraged fans to watch the show. Ms. Cooper said in part, “Hello all. About to start getting ready for the Emmys. I hope you will all watch. We need to keep daytime alive! Thanks to all of you for your wonderful support and comments. They mean a great deal to me. Keep your fingers crossed.” She was the favorite to win in the lead Actress category up against Susan Flannery, who is Stephanie on “B&B.”

The host for the evening was the beautiful and sublime Vanessa L. Williams of “Ugly Betty.” Williams is not only beautiful, but a talented and respected singer as well. Because of daytime television’s eroding audience, the producers decided to add retro glam back to the evening and even singing and dancing as part of the entertainment. The venue for the show also changed from Hollywood’s Kodak Theatre to the Orpheum Theatre in downtown Los Angeles, a traffic nightmare to get to, but it was great to see the location from the past that hosted everyone from Jack Benny to Judy Garland, who performed on the very same stage back in 1933 in a vaudeville act.

Weather wise, it was a sweltering 100+ degrees Fahrenheit, even at 4 o’clock in the evening when most stars showed up to walk the red carpet. Actress Stacy Haiduck, who portrays Mary Jane Benson/AKA Pattie Williams, created a fan uproar and laughter when she arrived carrying a stuffed cat, which she dressed with a black ribbon and jewelry. The cat is a favorite prop of the character she plays who is mentally unstable and has a stuffed cat on “Y&R.”

Tyra Banks showed up in a beautiful red

gown and it’s always fun to see the jaded photographers start to shove each other whenever the former supermodel and talk show host shows up looking elegant and sexy. She took home an Emmy as well.

This year there were so many people texting to their Twitter accounts that many of them missed out on great opportunities to ask the right questions and pick out the best gowns.

From fashion shows to dance numbers, the evening was filled with spectacle and glamour. This must have been what a night out in the fifties with Veronica Lake, Jane Russell or Marilyn Monroe was like. Former “Y&R” star Victoria Rowell, who played Druclilla Winters, walked the red carpet then went out to meet and greet hundreds of her fans who begged her to come back to “The Young and the Restless.” She was mum on any possible return.

Ms. Williams opened up with the legendary song, “Can’t Take My Eyes Off Of You” which she sang with aplomb, sensuality and humor. The show’s producers were determined to be fast paced this year and they pulled it off, though they should have extended two extra minutes to the final category, Outstanding Daytime Drama.

The first award for Best Supporting Actor was a tie. Vincent Irizarry, who plays David on “All My Children,” won and dedicated his award to his son Ash, who is fighting in Afghanistan with the U.S. Army and Coalition Forces against the Taliban. The tie was with Jeff Branson, who is Shane on “Guiding Light,” who dedicated his award to the seventy two year old soap he stars on, which also received a moving honor after being canceled this year. The last show will air in just three weeks.

“The Rachael Ray Show” won over “Live with Regis and Kelly” again this year. Ray, who recently had health problems, looked gorgeous and was very gracious, allowing her show’s executive producer to offer their acceptance speech. Then Robert Newman, Josh on “GL” and Kim Zimmer, a four time Emmy winner who portrays Reva on “GL,” gave the award for Best Younger Actress to Julie Berman, who portrays Lulu Spencer on “General Hospital.” She dedicated it, offering to share her award with her “General Hospital” costar Kristen Storm, who was also nominated in the same category.

Tyra Banks came front and center when she hosted the all star fashion show, in which Susan Lucci proved why she’s the greatest diva in daytime. Lucci’s much older than many of the younger starlets on soaps, but she reins supreme as the Queen of Daytime. No word from her officially on whether she’s going to make the move from NYC to Hollywood to continue the role of Erica Kane, which she’s played on “All My Children” for almost four decades. Aussie hunk Daniel

Goddard was the most charismatic of the male models, just as La Lucci was of the female models.

“Sesame Street” was honored for its forty year run on TV. Kevin Clash beat on the same series won over Aussie child star Bindi Irwin for Outstanding Performer in Children’s Series. The award for Younger Actor in a Drama Series went to “Days of Our Lives” star Darin Brooks, who proceeded to curse throughout his acceptance speech, which caused surprise in the audience. The Outstanding Writing Team for Daytime Drama belonged to “The Bold and the Beautiful,” but it was “General Hospital” which took the award home. “B&B” has consistently been the best written show for years in this genre.

The night was not without surprises. The Lead Actress category was a tough race with Debbie Morgan, who would have been the first African American woman to win Lead Actress for Daytime Emmy, then Maura West who Michael Logan of TV Guide and I consider the Bette Davis of daytime. Susan Flannery, who is Stephanie on “The Bold and the Beautiful,” who has always been my favorite daytime actress and the divine Jeanne Cooper, who is Katherine on “The Young and the Restless” lost out to Susan Haskel who portrays Marty on ABC’s “One Life to Live.” Haskel attended with her husband Thorsten Kaye, who stars on “All My Children.”

Then Betty White broke the tension in the room when she appeared on stage to honor the longest running drama in television and radio history, “Guiding Light,” which will turn out the lights on Friday, September 18, 2009 after over sixteen thousand episodes produced. White told show host Vanessa Williams, who was standing across the stage from her, “Why don’t you put on some clothes.” Referring to the plunging neckline the former Beauty Queen winner had changed into by the end of the show.

I told Mrs. Lee Phillip Bell in her office just two weeks ago, “Bradley has come into his own. He is going to win the Emmy this year for Outstanding Daytime Drama.” He has. Bradley P. Bell is on his way to becoming the Louis B. Mayer and David O. Selznick of CBS daytime.

Christian Lablanc was given the Outstanding Leading Man award and he graciously accepted. Fans of “The Young and the Restless” are happy to see the man who portrays Michael Baldwin honored for his hard work and dedication.

The night belonged to Bradley P. Bell. After months of my writing in this publication that “The Bold and the Beautiful” is the best show on the air, the voters of the Academy of Arts and Sciences finally agreed. “B&B” was created twenty-two years ago by Bradley’s talented father, the late Bill Bell Sr. and his beautiful and equally talented wife Lee Phillip Bell, who was the icon of Chicago’s television scene long before Oprah Winfrey ever arrived there. Lee Bell is the matriarch of one of Beverly Hills’ most respected and creative families.

Bradley P. Bell has finally been given the award that is most coveted by show producers and head writers when their show is chosen as the most outstanding dramatic series for the year. “B&B” is one of the most popular shows in history. Bell has a cast of greats and legends like Ronn Moss, Susan Flannery, John McCook, Katherine Kelly Lang, Patrick Duffy, Jack Wagner, Lesley Anne Down and formerly the late great Darlene Conley. Conley and Sr. Bell are in heaven on this evening, singing and dancing together, offering their support to a young writer and producer who has single-handedly changed the face of daytime television for the better. Though The CW Network ran out of time and cut the acceptance speech, Bradley Bell thanked everyone, including his parents, and most importantly, the fans, for his great honor, an honor which is much deserved.

I told Mrs. Lee Phillip Bell in her office just two weeks ago, “Bradley has come into his own. He is going to win the Emmy this year for Outstanding Daytime Drama.” He has. Bradley P. Bell is on his way to becoming the Louis B. Mayer and David O. Selznick of CBS daytime.



Courtesy of Bell Phillip TV Productions

DEAR DEANNA... "MY BOYFRIEND REVEALED HE'S GAY..."

By Deanna M.

Dear Deanna!

My boyfriend revealed to me that he's gay. On the outside, everything about him is masculine, strong and reflects a genuine man. We do things together as a couple, have great intimacy and often talked about having children. How in the world did I miss the signs and should I stay in this relationship?

Anonymous
Augusta, Ga.

Dear Anonymous:

In these days, you can't judge a book, man or woman, by its cover. There are too many emotional and health risks if you choose to stay in this relationship. You didn't miss the signs because you simply didn't know to look for any. However, you should applaud his honesty because

most down-low men are liars and don't tell the women about their lifestyle. Count your loss, be thankful for the blessed revelation and keep it moving.

Dear Deanna!

A close friend of mine is dating a girl who's using him. He works hard, gives her his paycheck and worships the ground she walks on because she's cute. She talks down to him, and has other men in the house while he's working. Now it's at the point where none of the guys visit because they don't want to deal with his girlfriend.

Stan
Morganton, N.C.

Dear Stan:

Take your spoon out of your

friend's Kool-Aid and mind your business. Has he raised his hand for help or come to you for advice? If he wants to work like a dog, look like a fool and feed other men off his paycheck, let him. They must be happy because she hasn't left and he hasn't kicked her out. You and your friends have the right to be concerned, but he's a grown man and knows exactly what time it is.

Dear Deanna!

I'm married but often go on weekend trips with my friends. My husband issued an ultimatum to adjust my schedule but I chose not to. He threatened me and said he would leave if I chose my friends instead of going with him to his family reunion. I went on my trip. When I returned, he was gone, the house

was empty and utilities disconnected. He won't talk to me and now wants a divorce, and I don't know what to do.

Tamara
Louisville, Ky.

Dear Tamara:

It's hard to imagine a girlie trip that's so good it would make you forsake your marriage, unless you're cheating. Perhaps your friends can give you a cozy couch to sleep on since you put them before your husband. Your decision was foolish, immature and disrespectful. Reach out to your husband and invite him to a friendly location for a huge apology, an explanation and much needed counseling to help with issues you both obviously have.

THE HIDDEN PERILS OF THE ATKINS PHENOMENA

By Mary-ann Cerruti

SAN FRANCISCO—Promises of a slim slender figure in just a few weeks, whilst feasting on unlimited portions of red meats, cheeses and other fatty animal foods, is a godsend to most diet obsessed individuals who struggle to beat the bulge whilst keeping their hands off the steak knife. But does a high-protein, low-carbohydrate diet, commonly known as the Atkins diet, really work? And if so, at what cost to our health?

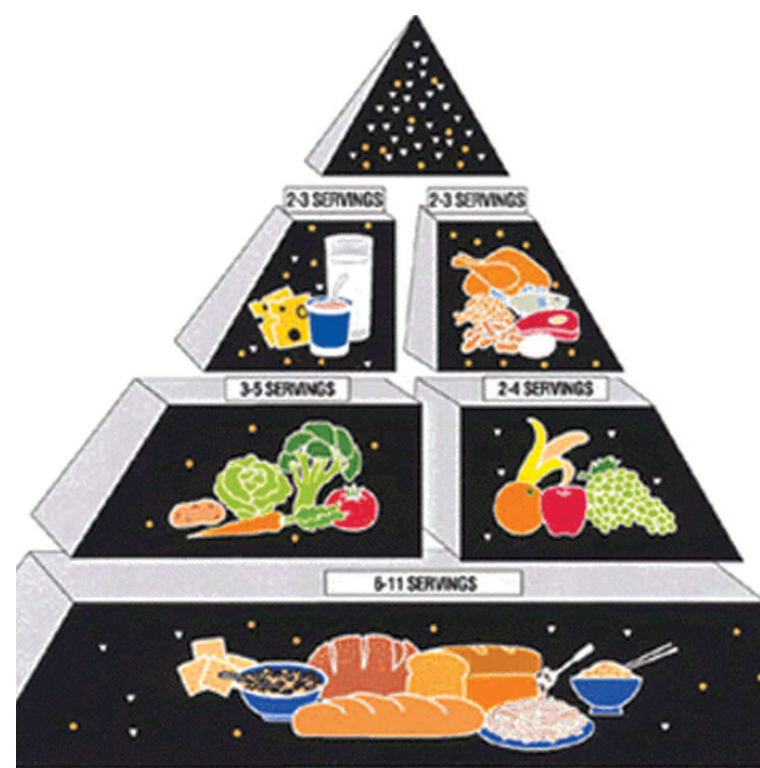
Protein is first and foremost a cell builder. It is essential in the process of repairing and building new muscle cells vital for growth and is found naturally in milk, cheese, nuts, eggs, meat and fish. High protein foods derived from animal fats are naturally high in cholesterol and saturated fats, and as part of a balanced diet this is no problem as the body receives adequate energy levels and has the ability to break down and utilize its components accordingly. However when the carbohydrates, with its complex starches and fibers, are lost from the diet and replaced with significantly higher than normal levels of protein, and with it the fats from the animal products, the body is more at risk. Effectively, the Atkins diet works, perhaps disturbingly so, because an entire food group is removed from the diet. Furthermore, on a low-carb diet the body does not receive

enough calories and so is forced to burn fat. It produces keytones as a by-product which can cause nausea, stomach cramps, irritable bowel syndrome (IBS) and bad breath amongst other complaints. Keytones also curb the appetite so effectively that people following the Atkins diet will be less hungry; therefore, less food portions are eaten than those on a normal diet.

The press surrounding the book "Dr. Atkins Diet Revolution" has not always been plain sailing and has become increasingly rocky in recent years. According to the American Kidney Fund (AKF) and researchers at the University of Connecticut, high protein diets are known to place enormous amounts of strain on the kidneys, which can lead to chronic kidney disease and eventual kidney failure.

Everyone from the American Heart Association, to the American Cancer Society and the American College of Sports Medicine seem to oppose the Atkins diet. It contradicts all of what the health professionals stand for, with unhealthy fatty foods replacing natural food such as fresh fruit, vegetables and cereals. The lack of a balanced and varied diet is responsible for a nation struggling to cope with increased cases of cholesterol, heart disease, cancer and kidney problems.

It seems that we are often blink-



ered into believing what the diet fad wants us to believe, for a quick fix in getting thin in an image-obsessed society that will stop at nothing to create an ideal diet that, let's face it, will never exist. Fatty, sugary and salty foods are always going to litter our shelves and call out for cravings to tempt us from the fruit bowl, and none of these will ever aid us in losing weight in a healthy way. Balance is key. We must learn to listen to our

bodies, and feed them according to our individual physical needs. For centuries food was part of the survival mechanism and yet now we live in a nation obsessed with getting thin regardless of the cost to our health. It's high time we all woke up and ate normally again, without labeling our foods into the category that Atkins fed off. Money maker it may be, healthy and sustainable it definitely isn't.

ADAM WALSH CHILD PROTECTION ACT OF 2006

By Tommy Garrett

WASHINGTON—Politicians are always signing legislation in the White House Rose Garden. It's become so famous that it's almost a location as well known to us as our local grocery stores. Every senator and congressman runs over to Pennsylvania Avenue to be photographed with the president who signs any bill on that spectacular lawn. Do Americans ever think about what happens to legislation when it's signed in that famed garden, past the few moments it's discussed by news anchors on television?

Just as popular or well known as the White House Rose Garden has become to Americans, the locations all over the 50 states in our nation where they find a crime scene or the home of a kidnapper and victim who has been raped and tortured for days, weeks, months and yes, sometimes even years has also become part of our awareness. This is such a picture we all remember so well this week after the backyard dungeon and prison the schizophrenic child molester, who kidnapped a victim at the age of 11 in 1991, was discovered. Then we found out in the past 18 years the victim has bore two children by her vicious captor. One is 15 years old the other 11. Do the math. This young woman gave birth to her first child when she was just 14 years old.

In 2006 The Honorable Congressman James Sensenbrenner, sponsored a won-

derful piece of legislation. The bill was the Adam Walsh Child Protection and Safety Act of 2006. President Bush gathered many members of Congress in the Rose Garden from both parties who passed this wonderful piece of legislation in a bipartisan effort to protect our nation's children from child predators who seek out the young and innocent to abuse and violate.

Three years later this little form of legislation is still underfunded by almost 90 percent of Congress. The pictures of the smiles and pats on the back the president gave himself and his friends are still fresh in our minds. The bill seemed like it would make our nation's children safer from the 600,000 registered sex offenders recorded by local law enforcement and the FBI. That's not counting the men and women who remain undetected or unreported.

While we are getting new legislation shoved down our throats on a regular basis, we don't ask our politicians what happened to the bills they have previously signed into law. We have become a nation of whiners who want new entitlements, and we don't expect to force our government to do what they are not only responsible for but promise they will do. Possibly the reason this bill remains improperly funded is because children and women who have been raped don't have a lobby in Washington. There is no group that cares about

women and children's safety except for their family members and some in the general public.

The alleged kidnapper and rapist in Antioch, Calif. has been diagnosed as a paranoid schizophrenic. He told his over-worked parole officer that he could not control his sexual desires for young girls, and he was not only ignored by the system, but we found out later that in 1976 he brutally raped a woman and was sentenced to a 50-year sentence in Leavenworth for the crime. She was supposed to be notified if he was coming up for parole in 2006. Yes, he was supposed to spend at least 30 years in prison for the crime, but was released in 1986 without notifying the victim. She realized he was out of prison when he showed up weeks after his release in a diner where she was still working, and he knew this at the time he raped her 10 years earlier. She immediately quit her job, changed her name and moved away. Always feeling that he was out there hunting for other victims, and hunting he was indeed.

Almost four years to the date of his release from prison, this man kidnapped the young 11-year-old girl we are talking about today in our homes when images of her almost concentration camp backyard prison are being flooded into our television screens.

Why are we allowing child predators to walk away from their sentences only

to commit the same heinous crimes against women and children again and again? Why are we not funding the Adam Walsh Act when we see daily on the news about more children being kidnapped and violated? Some even killed or never seen again. Can anyone ask themselves if this is the government they want running their healthcare? The federal government, state and local governments across the nation show no sign of being able to monitor these predators who seek out underage children in order to satisfy their deviant and perverted sexual appetites.

A nation that cannot protect its children is in jeopardy in so many areas. This is the most basic of instincts in humans and every other animal on the planet. Please contact your local Congressman and demand they stop funding so many outlandish projects and dabbling into our healthcare system until they fund the Adam Walsh Child Protection and Safety Act of 2006 signed into law on June 27, 2006, by President George W. Bush.

lease remember serviceman PFC Bowe R. Bergdahl, who was kidnapped by the Taliban and is being held while on tour in Afghanistan recently. PFC Bergdahl was serving with an Alaska-based infantry regiment. Pray for all of our military men and women in harm's way on a daily basis while on the frontlines of the fight against terror.

A FITTING LEGACY FOR TEDDY

By John Armor

WASHINGTON—What would make a fitting legacy for Ted Kennedy in the Senate? I think it would be the election of a senator who is committed to the same great public ideas that Senator Kennedy spoke about so often and passionately. Teddy often spoke of his dedication to and respect for the Constitution. This is to be expected where Sam Adams created the Sons of Liberty who threw the tea in Boston Harbor, and where the first shots of the American Revolution were fired at, and later fired by, the Minutemen at Concord and Lexington. So, the person who replaces Teddy should never vote to confirm as a judge, much less a Justice of the Supreme Court, anyone who has stated his or her intent to follow personal choices, rather than the Constitution itself, in deciding cases.

Again and again, decade after decade, Teddy belted his insistence for "new and fresh ideas" in the government. That's an excellent idea. But new and fresh ideas do not usually come from tired old men. So, the person who replaces Teddy should support what John Adams called, "rotation in office." Today that's known as term limits. Periodically, office holders would stand aside, and let others be elected, then go home to live under the laws they'd written. The Framers thought that the prospect of living

under the laws they wrote was the best assurance that office holders would always favor the interests of their constituents, rather than their own, personal interests. The person who replaces Teddy should be committed to serving just two terms in the Senate, and supporting a constitutional amendment which would install limits for senators and representatives like the present limit on presidents.

Ted Kennedy was frequently praised for "doing his homework" and "being well prepared." For sure, much of that work was done by staff, but Teddy was the man in charge. Anyone who replaces him must also be prepared to work hard and well. No new senator in Teddy's place would ever think of voting for a bill that includes taxes and regulations on the American people without reading the bill, and knowing what was in it.

Often, Teddy spoke of "ideas that work, and are effective." It is out in the real world, where executives must meet payrolls, provide goods and services that people genuinely want, that good ideas are winnowed out from failed ideas by the discipline of free markets. Therefore, the person who replaces Teddy should have executive experience in the real world in successful businesses or institutions.

Ted Kennedy in his speeches often spoke glowingly of integrity in public office.

Anyone who replaces him should pick up that torch as well. The new Senator should never let slide the dismissal of charges against Democrats, like presidents, senators, representatives, governors or merely armed citizens standing outside a Philadelphia voting precinct. Whether the apparent criminals were Republicans, Democrats, Independents or anything else, integrity is integrity and must be defended.

Where will that political paragon to replace Teddy, be found? It will not be among Massachusetts Democrats. Many of them are part of the corruption, both in Massachusetts and Washington, which has led to the current state of affairs. Those in Congress now supported the laws that turned Freddie Mac and Fannie Mae into slush funds, throwing money into the wind, and down rat holes. Will that paragon come from the ranks of Massachusetts Republicans? That's highly unlikely. Republicans in that state have a tendency to be demi-Democrats. They sell out part way, rather than all the way, to Democrat ideas. Governors like William Weld and Mitt Romney are examples.

No, the legacy of Teddy Kennedy cannot be filled through the election of nominees from either the Republican or Democratic primaries. The proper candidate must be a scrupulously honest, dedicated, committed, suc-

cessful in the real world, and now justifiably seeking promotion to the senate. The candidate must support the Constitution, support term limits, support public integrity for all. Not just for people in the opposition party.

The legacy of the verbal claims of Teddy Kennedy can be honored, but it must come from an outside candidate, one with the enthusiastic support of the riled up Americans who have made their voices heard at tea parties and town halls across America, including in Massachusetts. Those people should commit their time and energy to put on their ballot a candidate who will go one better than Teddy Roosevelt for President in 1912. Roosevelt started late in his 1912 campaign. Still, he buried the sitting Republican President, William Howard Taft. At the end, that race was between the challenger, Roosevelt, and the Democrat, Woodrow Wilson.

With much more time to organize, raise funds, and run, the fitting legacy for Teddy Kennedy would be the defeat of both the Republican and Democrat candidates for his seat, by someone who believes in, and will carry out, the ideas that Teddy verbally supported for decades after decades. As Bill Shakespeare said, "T is a consummation devoutly to be wished."